



## OALI | Out-of-the-ordinary culinary teambuilding in Wallonia



Positive Cooking OALI

Phone number (main contact): +32  
497 32 46 13

<https://oali.be/teambuilding/>

**OALI offers local, seasonal cooking workshops all over the Wallonia region, in the form of teambuilding activities or interactive workshops, for up to 30 people at a time.**

### OALI's unusual culinary concept

- Local, seasonal and intuitive
- Recipes that can easily be reproduced at home
- Healthy and tasty
- Mainly plant-based: vegetables are the key ingredient

### Teambuilding activities

#### > Schedule

- Each team is given its own friendly welcome
- Groups are organised and the activities presented

- Blind tasting session to awaken participants' senses
- Dishes prepared by teams, under supervision
- Dishes then tasted, in a friendly atmosphere
- Organic wine to accompany the food

› **Attendee capacity**

- Groups of 10 to 30 people

› **Average duration**

- Around 3 1/2 hours

## Interactive workshops

› **Blind tasting of detox juices**

› **Introduction to tasty, healthy cooking**

- Healthy breakfasts
- Healthy snacks
- Easy, light and original lunches

› **Numerous recipes, hints and tips**

- Menus can be adapted to match preferences, and will vary with the season.
- Each attendee receives a copy of every recipe used.

**OALI's out-of-the-ordinary cooking workshops and teambuilding sessions are a real delight, with healthy, local, seasonal food very much on the menu.**

.....

The information contained herein is provided as a guide only.

We recommend that you check with the local supplier before you leave.

Website editor

Michel VANKEERBERGHEN, Wallonia Belgium Tourism Chief Executive Officer (WBT asbl).

© Wallonia Belgium Tourism (WBT asbl). Avenue Comte de Smet de Nayer 14 . 5000  
Namur. Belgium + 32 (0)81 84 41 00 <https://visitwallonia.be> [info@visitwallonia.be](mailto:info@visitwallonia.be)

The information contained in this document is provided and has been compiled very carefully by Wallonia Belgium Tourism (WBT NPO). The editor cannot be held responsible for possible changes that could have occurred between the collection of data and their presence in this document.

Unless otherwise specified, the information you find in this document belongs to Wallonia Belgium Tourism (WBT NPO).

Any use or reproduction of the information require a prior written permission

Wallonia Belgium Tourism (WBT NPO) reserves all intellectual property rights in this document